

August 2021

Our Mission

To integrate military and civilian resources through one central location providing efficient and effective support and fellowship for Veterans, active duty, reserves, quards and their families.

Welcome to Roll Call, the monthly newsletter to keep you informed about what is going on at CampV.

July Recap



Rose City Airfest was a huge success, despite the rain. With an estimated 5,000 people attending, everyone enjoyed the static displays, concert, food trucks and demonstrations of 26 aerial teams. If you missed this one don't worry, there are plans to do this again next year. Thank you to all the sponsors, donors, supporters and volunteers for making this such a huge success.



Robin Golightly joined the team here at CampV. She is the Client Services Director. Robin is a Navy Veteran and served in some interesting assignments, You can learn more about her by clicking <u>HERE</u>.



Casey also joined the staff at CampV. Casey is a retired U.S. Marine and is the Community Engagement Director, also taking care of the website, Facebook page and other digital media. To learn more about Casey click <u>HERE</u>.

Upcoming Events

We have several events that are coming up soon!

SHORT RANGE

Gold Stars Tribute Wall

For the first on display in Texas, the wall honors Gulf War, Iraq and Afghanistan KIA and their families.

August 7

Time: 0800-2100

Location: W. Commerce St, Mineola, Tx

Shooting Sports Introduction-Archery

Come out and learn about archery from an Olympic qualified coach.

August 14th

Time: 0900-1700

Location: CampV Campus

Rally Point Luncheon

Come out for a free lunch and camaraderie with your fellow veterans.

Upcoming Dates: August 3d, 10th, 17th, 24th, and 31st

Time: 1200 - 1300

Location: CampV / Greenzone Recreation Center

Beekeeping Peer Group

Come out and learn what it takes to keep bees and all the benefits that go along with it.

Upcoming Dates: August 7th and 21st

Time: 1000 - 1200

Location: CampV / Back Campus

LONG RANGE

Vino For Vets

Our annual live auction and dinner raising awareness and proceeds to assist military Veterans

Date: October 2nd

Time: 6:00 pm

Location: Holly Tree Country Club

Tickets available for purchase via our website and HERE

Honoring Vietnam Veterans

September 11th

Time: 1300-1700

Location Armed Forces Reserve Center: 13529 TX-31 Tyler Tx

More information available soon.

Murder Mystery

COMING SOON! A monthly murder mystery event to have some fun with your fellow veterans and families. Light snacks will be provided.

Date: TBD

Time: TBD

Location: CampV / Women & Family Center

Tickets available for purchase soon via our website

As always you can stay up to date on all of our events by checking out our website or liking the CampV Facebook page.

Success Stories



We like to celebrate the successes that our Veteran clients have. This month we would like to share the story of Samantha Murff.

Meet Samantha Murff. She is a Navy veteran who been fighting with the VA for service-connection injuries she sustained during her active duty. Coming to CampV she met up with our CampV advocates and sifted through all her service records and sufficient evidence to support her claims. The advocates at CampV were able to file the proper paperwork and was able to get her another C&P exam, even though she received denials from her previous C&P exam. Our CampV advocates decided to push back on a NOD (Notice of Denial) to have her denials examined at a higher Review. After numerous office visits and tons of paperwork Samantha was able come into CampV on June 29th to notify CampV staff that she received her 100%.

Service Provider Highlights



At Anam Cara Wellness, we believe that a healthy mind is essential to a fulfilling and satisfying life. Stress, trauma, injury, and disease can take a serious toll on the brain and nervous system, impacting mental health. We are proud to offer IASIS microcurrent neurofeedback as a treatment approach to assist those striving to improve mental well-being. IASIS microcurrent neurofeedback is a passive, non-invasive treatment method that assists the central nervous system in regulating itself. It appears to do this by helping the brain restore healthy neuropathways that have been altered or disrupted. This can be thought of as "rebooting" a computer by allowing the brain to reorganize itself and shift from formerly fixed patterns. IASIS microcurrent neurofeedback fixes the problem, leading to relief of symptoms.

During microcurrent neurofeedback, brief stimulation (3 picowatts or 3 trillionths of a watt) is applied to the scalp. This allows a temporary fluctuation in brainwaves which allows the brain to reorganize itself and heal. The process is entirely passive and the recipient feels nothing. Our experience shows that 85% of

people feel some positive response within 1-3 sessions, with sustainable results after 10-20 sessions. This is a faster result than those typically seen with other modalities. Of course, each individual is unique and results and treatment length will vary.

Many **active duty military, veterans, and first responders** have reported an improvement in symptoms related to **PTSD**, **Traumatic Brain Injury, and Concussions**, as well as improvements in **Sleep**, **Depression, Anxiety, and Anger/Rage**. The VA has conducted a study that produced image-based evidence that IASIS Micro Current Neurofeedback is safe and effective at significantly reducing the brain wave associated with both <u>PTSD</u> and TBI. More research studies are ongoing.

Additionally, IASIS microcurrent neurofeedback seems to be beneficial in helping **Addiction Issues**, **Chronic Fatigue**, **Chronic Pain**, **ADD/ADHD**, and some aspects of **Autism**. Microcurrent neurofeedback can, and many times should, be used in conjunction with appropriate medical care and counseling.

Anam Cara Wellness is committed to helping individuals achieve optimal mental health and functioning. Be kind to your mind!

Click **HERE** to meet the Lisa and Dave

Click Here to Help Veterans in East Texas Now!









You can visit the campus at:

3212 W Front St Tyler, Tx 75702 **Or call us at:**

903-566-1010

Email us at:

info@campvtyler.com

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